

# SPRING

## Blissfield Schools Meals



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

<p><b>Big Daddy's Pizza</b> Corn Fruit</p> <p>cal 480 sodium 580 carb 59 protein 22</p>	<p><b>French Toast</b> Sausage Links Hash Browns Fruit</p> <p>cal 500 sodium 810 carb 52 protein 12</p>	<p><b>Chicken Poppers</b> Mashed Potatoes Fruit</p> <p>cal 300 sodium 440 carb 29 protein 15</p>	<p><b>Ham &amp; Cheese</b> Croissants Sweet Potato Puffs Fruit</p> <p>cal 470 sodium 845 carb 57.5 protein 17</p>	<p><b>Cheeseburger or</b> Chicken Sandwich Wedge Fries Fruit</p> <p>cal 540 sodium 610 carb 62 protein 24</p>
<p><b>Big Daddy's Pizza</b> Cooked Carrots Fruit</p> <p>cal 480 sodium 605 carb 55 protein 22</p>	<p><b>Chicken Alfredo</b> Peas Fruit</p> <p>cal 470 sodium 470 carb 19 protein 37</p>	<p><b>Chicken Nuggets</b> Cooked Carrots Fruit</p> <p>cal 275 sodium 530 carb 23 protein 13</p>	<p><b>Maxi Cheese Sticks</b> Cooked Carrots Fruit</p> <p>cal 220 sodium 395 carb 29 protein 10</p>	<p><b>Grilled Cheese</b> Tomato Soup Fruit</p> <p>cal 410 sodium 630 carb 54 protein 10</p>
<p><b>Big Daddy's Pizza</b> Mixed Vegetables Fruit Milk</p> <p>cal 445 sodium 605 carb 48 protein 22</p>	<p><b>Spaghetti</b> Corn Breadstick Fruit</p> <p>cal 570 sodium 430 carb 84 protein 28</p>	<p><b>Orange Chicken</b> Rice Broccoli Fruit</p> <p>cal 355 sodium 215 carb 51 protein 19</p>	<p><b>Taco Wedges</b> Corn &amp; Black Beans Fruit</p> <p>cal 400 sodium 740 carb 54 protein 20</p>	<p><b>Macaroni &amp; Cheese</b> Green Beans Fruit</p> <p>cal 450 sodium 1460 carb 52 protein 26</p>
<p><b>Pizza</b> Green Beans Fruit</p> <p>cal 445 sodium 605 carb 48 protein 22</p>	<p><b>Chili Cheese Fries</b> Lettuce Fruit</p> <p>cal 380 sodium 900 carb 35 protein 20</p>	<p><b>Chicken Chunks</b> Potato Smiles Fruit</p> <p>cal 360 sodium 620 carb 37 protein 22</p>	<p><b>Chicken Quesadilla</b> Lettuce Fruit</p> <p>cal 310 sodium 700 carb 39 protein 17</p>	<p><b>Shrimp Poppers</b> Broccoli Fruit</p> <p>cal 245 sodium 305 carb 26 protein 11</p>
<p><b>Pizza</b> Fresh Veggies Fruit</p> <p>cal 420 sodium 580 carb 50 protein 22</p>	<p><b>Walking Tacos</b> Refried Beans Lettuce Fruit Milk</p> <p>cal 605 sodium 1410 carb 66 protein 34</p>	<p><b>Mini Corn Dogs</b> Cooked Carrots Fruit Milk</p> <p>cal 215 sodium 340 carb 27 protein 7</p>	<p><b>Crispitos</b> Lettuce Fruit</p> <p>cal 280 sodium 370 carb 25 protein 12</p>	<p><b>Meatball Sub</b> French Fries Fruit</p> <p>cal 490 sodium 930 carb 64 protein 22</p>

### News

This is an estimate of nutritional facts on most of our meals offered.